



MONKEY NUTS

2 Park Road,
Crouch End,
London
N8 8TD

Tel: 020 8340 4466

www.monkeynuts.biz

BRUNCH

EVERYDAY FROM 10 AM - 4PM

Fresh Fruit Salad Sundae **v n** 4.95

greek yoghurt & granola

2 Eggs On Toast **v** 3.95

Bacon, Fried Eggs & Chips 4.95

Brunch Fry Up 7.95

2 eggs, bacon, mushrooms, sausage,
grilled tomato, beans & toast

Sunshine Brunch **v** 7.95

2 eggs, avocado, grilled tomato, mushrooms,
aged cheddar, beans & toast

Bubble Benedict 7.50

bubble 'n' squeak, dry cured bacon,
poached eggs & béarnaise sauce

Bubble Royal 8.95

bubble 'n' squeak, smoked salmon, avocado,
poached eggs & béarnaise sauce

French Toast **v** 7.95

caramelised apples, mixed berry compote
& greek yoghurt

Steak, Egg And Chips 8.95

Assorted Muffins & Pastries 1.00

APPETIZERS

Hot Potato Skins 3.50

smokey bbq sauce

Halloumi Skewers **v** 5.50

roast pepper relish

BBQ Chicken Wings 4.95

blue cheese dip

Hummus & Pita Bread **v n** 4.95

toasted pine nuts & basil oil

Crunchy Tiger Prawns 5.95

sweet chilli mayo

Monkey Nachos **v** 6.50

melted jack cheese, jalapenos, black bean salsa,
guacamole, sour cream & spicy tomato sauce

top with chorizo 1.65

Cajun Spiced Calamari 5.65

minted yoghurt dip

Grilled Satay Chicken Skewers **n** 5.25

spicy peanut dip

Medley Board **n** 14.95

crunchy tiger prawns, satay chicken skewers,
halloumi skewers, bbq chicken wings & onion rings,
served with bbq sauce & minted yoghurt sauce

SALADS

House Salad **v** 4.95 / 6.95

artichoke, mixed leaves, tomatoes, beets,
soya beans, avocado, grated carrot with
our house dressing

Caesar Salad 4.95 / 6.95

gem lettuce, croutons & parmesan

ADD: salmon, chicken or halloumi **extra** 3.95

Warm Squash & Goat's Cheese Salad **v** 8.95

avocado, broccoli, caramelised onions & roast
pumpkin seeds with honey & balsamic dressing

Monkeynuts Salad Bowl 10.95

grilled chicken, steak, avocado, cucumber,
mushrooms mixed leaves & tomato with our
house dressing

Topless Burger Salad 9.50

any of our burgers on top of mixed leaves

MONKEY MORNING

2 FOR 1 ON BRUNCH!

10 - 12 noon weekdays only (excluding public holidays)

v vegetarian options **n** some dishes contain nuts - we're sorry but we can not guarantee the absence of nuts in our dishes.
Please note: An optional service charge of 12.5% will be added to your bill for the benefit of our team.
This is voluntary and need not be paid if our service has fallen below your expectations.

GO NUTS! FOR ONLY £8.95

ANY OF OUR
BURGERS
WITH FRIES,
A GLASS OF
HOUSE WINE,
RED STRIPE BEER
OR SOFT DRINK

12 noon - 10 pm mon to wed,
12 noon - 7 pm thurs to fri
(excluding public holidays)

BURGERS & SANDWICHES

Classic Beef Burger	6.95
tomato relish, gherkins, red onion, mayo, tomato & lettuce	
TOPPINGS	
mature cheddar, fried egg, bbq sauce, fried onions or blue cheese	1.25
dry cured bacon, sliced avocado, roasted red pepper or field mushrooms	1.45
Grilled Chicken Macho Nacho Burger	7.95
tortilla chips, melted jack cheese, jalapenos, guacamole, sour cream, spicy tomato sauce, red onion & lettuce	
Chicken Schnitzel BLT Burger	7.95
dry cured bacon, avocado, red onion, sweet corn relish, mayo & tomato	
Goat's Cheese & Roasted Red Pepper Burger v	7.95
tomato relish, red onion & rocket	
Cod Fish Finger Burger	6.95
tartare sauce, relish, tomato & lettuce	
Grilled Steak Sandwich With Fries	10.25
caramelised onions, mustard mayo, tomatoes & rocket	
Grilled Chicken & Bacon Club With Fries	9.95
avocado, tomato, mayo & lettuce	

MAINS

Grilled Piri Piri Chicken	9.95
spicy rice & coleslaw	
The Rock Dog	6.95
new york style beef hot dog, mustard, ketchup, fried onions & fries	
Monkeynuts Steak Frites	8.95
red wine & shallot sauce	
Smoked Haddock, Salmon & Spinach Fishcake	9.95
green salad & roasted garlic aioli	
Grilled Salmon With Mash	13.95
cherry tomato, roasted corn & basil salsa	
Spaghetti Pomodoro v	6.95
top with meatballs	3.00
Beer Battered Fish & Chips	12.50
tartare sauce & mushy peas	
Famous Sticky Beef Ribs	18.95
smokey bbq sauce	
The Ultimate Chicken Kiev	10.25
oozing...roasted garlic & herb butter with mash	
Shepherd's Pie	10.95
broccoli sautéed with garlic	
Grilled 8oz Lamb Steak	12.95
rosemary butter & sweet potato fries	

STEAKS

ALL STEAKS INCLUDE ONE SIDE

Rump 8oz	12.25
Sirloin 8oz	16.25
Rib Eye 14oz On The Bone	18.95
Fillet 9oz	22.50

SIDES:

french fries, potato wedges, jacket potato,
green salad or mash

SAUCES

béarnaise, bourbon pepper, garlic & herb butter
or blue cheese butter

SIDES

Fabulous Olives	2.95
French Fries	3.00
Small Potato Wedges	3.00
Onion Rings With Smokey BBQ Sauce	3.25
Tomato, Basil & Red Onion Salad	2.95
Broccoli Sautéed With Garlic	3.25
Sweet Potato Fries	2.95

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DESSERTS

Homemade Warm Chocolate Brownie	5.25
hot chocolate sauce & vanilla ice cream	
Apple, Raspberry & Pecan Crumble n	5.95
vanilla ice cream	
Big Bad Monkey Sundae	5.65
chocolate & strawberry ice cream, brownie, marshmallows, toffee sauce, chocolate sauce & smarties	
Sticky Toffee Pudding	4.95
hot toffee sauce & vanilla ice cream	
Caramelised Banana Waffle Split	5.25
vanilla ice cream, hot chocolate & toffee sauce	
Jude's Dairy Ice Cream	4.65
3 scoops of very vanilla, chunky choc or strawberry tease	
Jude's Fresh Fruit Sorbets	3.25
2 scoops of bramley apple crush or blackcurrant crush	
Jude's Vanilla Frozen Yoghurt n	4.65
2 scoops of low fat frozen yoghurt (less than 5%) with crushed nuts & orange blossom honey	

SOFT DRINKS

Still / Sparkling	1.85
Coke / Diet Coke / Sprite / Fanta	2.05
Cool Ginger Beer	2.15
Goose Island Root Beer	3.10
Fresh Home Made Lemonade	2.80
Cranberry Presse	2.50
Fresh Orange Juice	2.20 / 2.95
Pomegranate Juice	1.95

SMOOTHIES

Monkey Rise	3.40
strawberry, banana & orange	
Honky Tonky	3.50
fresh mint, papaya, lime, banana & orange	
Jammin	3.50
mango, strawberry, banana & apple	

MONKEY SHAKES

Banana	4.10
Strawberry	4.10
Smarties	4.10
Brownie	4.10
Nutella n	4.10
Cornflakes	4.10
Oreo Cookie	4.10

COFFEE

Espresso	1.65
Macchiato	1.65
Piccolo (small cappuccino in a glass)	1.75
Cappuccino	2.30
Soya Cappuccino	2.45
Americano	1.90
Caffè Latte	2.50
Hot Chocolate	2.45
add marshmallows	0.35
Teas	1.90
breakfast or earl grey	
Tea Pigs	1.95
green tea with mint, chamomile flowers, superfruit, moa feng green tea, peppermint leaves, organic honey & rooibos & chocolate	

TAKEAWAY COFFEE FOR £1

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• MONKEY TIME

50% OFF

SELECTED BEERS AND COCKTAILS

5 pm - 10 pm mon to wed, 5 pm - 7 pm thurs to fri
(excluding public holidays)

BEERS

Brooklyn New York Larger 5.2% (335ml)	4.00
• Corona 4.6% (330ml)	3.50
Coors Light 4.5% (330ml)	3.90
• Moosehead 5% (350ml)	3.90
Red Stripe 4.7% (330ml)	3.35
Westerns Organic Cider 6.5% (500ml)	5.00

COCKTAILS

• French Martini raspberry vodka, chambord, fresh raspberries & pineapple juice	6.25	• Frozen Passion Fruit Daiquiri bacardi, fresh lime & passion fruit	6.50
• Espresso Martini vodka, kahlua, frangelico & espresso	6.25	Pimm's Cup pimm's no. 1, cucumber, lemon, lime, apple, mint & lemonade	6.50
• Apple Martini vodka, apple schnapps, elderflower cordial & lemon juice	6.25	Grand Mimosa grand marnier, orange juice & prosecco	6.50
• Monkeyopolitan absolute citron, cointreau, cranberry juice & fresh lime	6.25	Mojito havana club 3yr, fresh mint, soda, brown sugar & fresh lime	6.50
Magnum baileys, kahlua, butterscotch schnapps & amaretto	6.25	Long Island Iced Tea vodka, bacardi, gin, tequila, cointreau, fresh lime & coke	6.75
Bloody Monkey vodka, tomato juice, horseradish, celery salt, tabasco, worcestershire sauce, dash of red wine & fresh lemon juice	6.75	• Lynchburg Lemonade jack daniel's, cointreau, bitters, lemon juice & lemonade	6.25
Jam Jar Margarita tequila, cointreau & lime	6.50	• Honeysuckle Sour krupnic honey vodka, chambord, lemon juice & raspberries	6.25

WINES

CHEAP

	glass 125ml	carafe 500ml	btl 750ml
Terre Forti Italy (White)	3.05	11.25	14.95
Terre Forti Italy (Red)	3.05	11.25	14.95

DECENT

Argento Pinot Grigio Argentina (White)	3.75	14.75	18.95
Tarquino Shiraz Malbec Argentina (Red)	3.95	14.95	19.95

GOOD

Springfield Estate Firefinch Sauvignon Blanc SA (White)	4.50	17.00	23.50
Cotes du Rhone Alain Jaume France (Red)	4.60	18.10	24.95

EXCELLENT

Chablis Patrick Piuze France (White)	5.50	25.50	35.00
Huia Marlborough Pinot Noir NZ (Red)	5.80	26.00	36.00

PICK OF THE BUNCH

Stone Barn Chardonnay USA (White)	3.95	14.95	19.95
Stone Barn Cabernet Sauvignon USA (Red)	3.95	14.95	19.95

ROSE

Argento Rose Argentina	3.75	14.75	18.95
Conto Vecchio Pinto Grigio Blush Italy	4.05	15.50	20.95

SPARKLING

Jeio Prosecco Italy	5.55		30.00
Laurent Perrier France			50.00